

Date completed _____

Student ID _____

TND HIGH SCHOOL POST-TEST

University of Southern California Student Survey

SCHOOL NAME

BIRTH DATE

____ - ____ - _____
MONTH DAY YEAR

AGE: _____

GENDER

____ ____
M F

THINGS TO REMEMBER

- * Read each question carefully
- * Circle only one letter for each question, unless the question asks for more than one answer

Please answer the following questions on your general background:

1. Who do you live with? (circle one)

- a. both parents (or stepparents)
- b. only with my mother (or stepmother)
- c. only with my father (or stepfather)
- d. sometimes with my mother (or stepmother) and sometimes with my father (or stepfather)
- e. other person(s)
- f. alone

2. Which category is your father's main job in? (circle one)

- a. major professional (doctor, lawyer, large business owner)
- b. minor professional (teacher, engineer, nurse, pilot, military officer)
- c. small business owner, manager
- d. clerk, salesperson, stewardess
- e. skilled laborer (electrician, plumber, tailor, mechanic, truck driver, military enlisted)
- f. semi-skilled laborer (machine operator, cook, waitress)
- g. unskilled worker
- h. unemployed, welfare
- i. househusband

3. Which category is your mother's main job in? (circle one)

- a. major professional (doctor, lawyer, large business owner)
- b. minor professional (teacher, engineer, nurse, pilot, military officer)
- c. small business owner, manager
- d. clerk, salesperson, stewardess
- e. skilled laborer (electrician, plumber, tailor, mechanic, truck driver, military enlisted)
- f. semi-skilled laborer (machine operator, cook, waitress)
- g. unskilled worker
- h. unemployed, welfare
- i. housewife

4. What is the highest grade completed by your father? (circle one)

- a. not completed elementary school (8th grade)
- b. not completed high school (12th grade)
- c. completed high school (received a diploma)
- d. some college or job training (1 to 3 years)
- e. completed college (4 years)
- f. completed graduate school (doctor, lawyer)

5. What is the highest grade completed by your mother? (circle one)

- a. not completed elementary school (8th grade)
- b. not completed high school (12th grade)
- c. completed high school (received a diploma)
- d. some college or job training (1 to 3 years)
- e. completed college (4 years)
- f. completed graduate school (doctor, lawyer)

6. What is your ethnic background? (please circle the one category that best applies; if you circled “b” (Asian) or “c” (Latino), please check the specific category that applies to you)

- a. Black/African American
- a. Asian/Pacific Islander Chinese Japanese Filipino
 Korean Other, specify _____
- c. Latino/Hispanic Mexican-American Mexican Central American
 South American Other, specify _____
- d. White/Non-Latino
- e. Native American
- f. Other ethnic group, specify _____

7. In general, what language(s) do you read and speak? (circle the best answer)

- a. English only
- b. English more than another language
- c. English and another language equally
- d. another language more than English
- e. another language only (not English)

8. What language(s) do you usually speak with your friends? (circle the best answer)

- a. English only
- b. English more than another language
- c. English and another language equally
- d. another language more than English
- e. another language only (not English)

9. In what language(s) are the movies, TV and radio shows you prefer to watch and listen to?

- a. English only
- b. English more than another language
- c. English and another language equally
- d. another language more than English
- e. another language only (not English)

10. What language(s) do you usually speak at home?

- a. English only
- b. English more than another language
- c. English and another language equally
- d. another language more than English
- e. another language only (not English)

Please answer each of the following questions about drug use.

**11. How many times have you tried each of the drugs below? (In your lifetime).
Put a check in a box to indicate your answer for each drug.**

| | 0 times | 1-10 times | 11-20 times | 21-30 times | 31-40 times | 41-50 times | 51-60 times | 61-70 times | 71-80 times | 81-90 times | 91-100+ times |
|---|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Cigarettes | <input type="checkbox"/> |
| Alcohol | <input type="checkbox"/> |
| Marijuana (Weed) | <input type="checkbox"/> |
| Cocaine (Crack) | <input type="checkbox"/> |
| Hallucinogens (LSD, Acid, Mushrooms) | <input type="checkbox"/> |
| Stimulants (Ice, Speed, Amphetamines) | <input type="checkbox"/> |
| Inhalants (Rush, Nitrous) | <input type="checkbox"/> |
| Other (Depressants, PCP, Steroids, Heroin, etc.) | <input type="checkbox"/> |

12. **How many times have you used each of these drugs in the last month? (In the last 30 days). Put a check in a box to indicate your answer for each drug.**

| | 0 times | 1-10 times | 11-20 times | 21-30 times | 31-40 times | 41-50 times | 51-60 times | 61-70 times | 71-80 times | 81-90 times | 91-100+ times |
|---|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
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| Stimulants (Ice, Speed, Amphetamines) | <input type="checkbox"/> |
| Inhalants (Rush, Nitrous) | <input type="checkbox"/> |
| Other (Depressants, PCP, Steroids, Heroin, etc.) | <input type="checkbox"/> |

Below is a list of things that some people do to protect themselves.

How often have you done each of these things in the last year to feel more safe? Put a check in a box to indicate your answer for each response below:

| | Never | Rarely | Sometimes | Often | Always |
|---|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 13. try to talk out the conflict | <input type="checkbox"/> |
| 14. stay away from people who might hurt me | <input type="checkbox"/> |
| 15. carry a knife | <input type="checkbox"/> |
| 16. carry a gun | <input type="checkbox"/> |

HOW LIKELY IS IT THAT ANYTHING YOU LEARN IN SCHOOL THIS YEAR WILL HELP YOU TO...

17. stay away from or not increase use of tobacco, alcohol, or other drugs
- a. very likely
 - b. somewhat likely
 - c. not at all likely
18. quit or reduce use of tobacco, alcohol, or other drugs
- a. very likely
 - b. somewhat likely
 - c. not at all likely
19. know about other things you can do with your friends besides using drugs
- a. very likely
 - b. somewhat likely
 - c. not at all likely
20. make your household become or stay drug free
- a. very likely
 - b. somewhat likely
 - c. not at all likely

**PLEASE THINK ABOUT THE LAST 3 TO 5 WEEKS OF SCHOOL AND THIS CLASS.
DID...**

21. Students in this class daydreamed a lot?

- a. yes
- b. no

22. The teacher of this class treated us as if we were stupid?

- a. yes
- b. no

23. There was little class control?

- a. yes
- b. no

24. Students in this class joked around a lot?

- a. yes
- b. no

25. There were groups of students who did not get along in this class?

- a. yes
- b. no

Please RATE how much you liked each TND session

1 2 3 4 5 6 7 8 9 10

Liked very
much

Did not like
at all

Rating
(1-10)

SESSION

_____ **ACTIVE LISTENING AND EFFECTIVE COMMUNICATION**
(3 volunteers tried to remember LISTENING PARAGRAPH)

_____ **STEREOTYPES**
(How people label and judge students and why students overestimate their own drug use)

_____ **PERSPECTIVES**
(RADICAL, MODERATE, TRADITIONAL)

_____ **MYTHS AND DENIAL**
(Talked about DENIAL AND MYTHS)

_____ **MARIJUANA PANEL**
(Guests and Scientist discussed consequences of marijuana use)

_____ **CHEMICAL DEPENDENCY AND FAMILY ROLES**
(Stages of Chemical Dependency, Hero, Enabler, Mascot, Lost Child, Scapegoat)

_____ **TALK SHOW**
(Guests played parts of Addict, Girlfriend of Addict, D.U.I. inmate, etc.)

_____ **COPING WITH STRESS**
(Discussed ways to deal with Stress and Goals and Dreams you have after high school and how drug use affects these goals)

_____ **TOBACCO USE CESSATION**
(Played a game regarding consequences of Tobacco use)

_____ **SELF-CONTROL**
(PASSIVE, AGGRESSIVE, ASSERTIVE)

_____ **POSITIVE AND NEGATIVE THOUGHT AND BEHAVIOR LOOPS**
(Discussed how our thoughts and feelings shape our experiences)

_____ **DECISION MAKING**
(Read scenarios and made decisions. Saw video. Also did Commitment worksheet)

STUDENT EVALUATION OF PROJECT TND

PLEASE TAKE A MINUTE TO THINK ABOUT THIS DRUG PREVENTION CLASS. THINK ABOUT TOPICS AND ACTIVITIES YOU DID EACH DAY. THINK ABOUT ALL 12 LESSONS AND THEN TRY TO FORM A GENERAL OPINION ABOUT THE CLASS. OVERALL, DID YOU FIND THE CLASS TOPICS AND ACTIVITIES...

| | | | | |
|-------------------------|--------|-------------|-------------------|-------------------|
| Believable? | a. yes | b. somewhat | c. no, not really | d. definitely not |
| Enjoyable? | a. yes | b. somewhat | c. no, not really | d. definitely not |
| Helpful? | a. yes | b. somewhat | c. no, not really | d. definitely not |
| Interesting? | a. yes | b. somewhat | c. no, not really | d. definitely not |
| Important? | a. yes | b. somewhat | c. no, not really | d. definitely not |
| Understandable? | a. yes | b. somewhat | c. no, not really | d. definitely not |
| A waste of time? | a. yes | b. somewhat | c. no, not really | d. definitely not |
| Boring? | a. yes | b. somewhat | c. no, not really | d. definitely not |
| Difficult? | a. yes | b. somewhat | c. no, not really | d. definitely not |
| Well-organized? | a. yes | b. somewhat | c. no, not really | d. definitely not |
| Acceptable? | a. yes | b. somewhat | c. no, not really | d. definitely not |

Did participating in the TND program cause you to fall behind in other classes?

- a. I am really far behind now
- b. I am a little behind
- c. I am not behind
- d. I earned more credit doing TND than I normally have doing course work.

26. **How likely is it that you will use this drug in the next year (12 months)?**
Put a check in a box to indicate your answer for each drug.

| | definitely not | probably not | a little likely | somewhat likely | very likely |
|---|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
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| Alcohol | <input type="checkbox"/> |
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| Hallucinogens (LSD, Acid, Mushrooms) | <input type="checkbox"/> |
| Stimulants (Ice, Speed, Amphetamines) | <input type="checkbox"/> |
| Inhalants (Rush, Nitrous) | <input type="checkbox"/> |
| Other (Depressants, PCP, Steroids, Heroin, etc.) | <input type="checkbox"/> |

**PLEASE ANSWER THE FOLLOWING QUESTIONS.
Circle only ONE letter per response:**

- 27. Which of the following is NOT an effective communication skill?**
- c. acknowledge what the speaker is saying by nodding, eye-contact, etc.
 - d. make sure verbal and nonverbal messages match
 - e. look at the speaker and pay attention to what he or she is saying
 - f. plan your next statement while the speaker is talking
- 28. An open mind means you are...**
- a. liberal and radical in your thinking
 - b. able to make judgments and express them easily
 - c. willing to listen to other people's view points
- 29. I believe that it is important NOT to let your own beliefs, thoughts and ideas get in the way of listening to what another person is saying.**
- a. Strongly agree
 - b. Agree
 - c. Disagree
 - d. Strongly disagree
- 30. What percent of students use LSD weekly?**
- a. 1%
 - b. 4%
 - c. 26%
- 31. What is a self-fulfilling prophecy?**
- a. Becoming what others expect by believing their judgments
 - b. Doing what you want to do
 - c. Finally achieving your goals
- 32. I believe that most students use marijuana regularly...**
- a. Strongly agree
 - b. Agree
 - c. Disagree
 - d. Strongly disagree

- 33. Which of the following is NOT a myth of drug use?**
- a. Drug use emotionally protects a person from the outside world
 - b. Drugs help people establish friendships
 - c. People often argue and fight more when using drugs
 - d. Eventually one's body will stop having negative reactions to drugs
- 34. "Reinterpretation" of drug use consequences means...**
- a. Making negative drug use consequences seem positive
 - b. Ignoring one's own physical injury from one's drug use
 - c. Blaming others for one's own drug use
 - d. Ignoring how one's drug use affects others
- 35. I believe that drug use shows independence.**
- a. Strongly agree
 - b. Agree
 - c. Disagree
 - d. Strongly disagree
- 36. Depression, dreams of drug use, and restlessness are signs of what?**
- a. Tolerance
 - b. Denial
 - c. Withdrawal
- 37. Why might a person in a family affected by drug use feel that he or she must over achieve?**
- a. To mask their true feelings
 - b. To prove to the world that his/her family is okay
 - c. To make himself/herself invisible
 - d. To achieve personal goals
- 38. I believe that chemical dependency affects the entire family.**
- a. Strongly agree
 - b. Agree
 - c. Disagree
 - d. Strongly disagree
- 39. What is the best thing to do to support someone who has a drug problem?**
- a. Ignore them
 - b. Stop enabling them
 - c. Lecture them
 - d. Turn them in

- 40. If you stay with someone who has a drug problem to make them feel more comfortable, are you enabling them?**
- a. Yes
 - b. No
- 41. I believe in order to help someone with a drug problem I should loan him money and give him a place to live?**
- a. Strongly agree
 - b. Agree
 - c. Disagree
 - d. Strongly disagree
- 42. Which of the following areas of your life may suffer due to marijuana abuse?**
- a. Emotional
 - b. Social
 - c. Physical
 - d. All of the above
- 43. In terms of damage to the lining of your lungs, two joints is equivalent to how many cigarettes?**
- a. 1-5
 - b. 10-15
 - c. 20-25
- 44. I believe that marijuana use is addictive.**
- a. Strongly agree
 - b. Agree
 - c. Disagree
 - d. Strongly disagree
- 45. What is the third leading cause of preventable death?**
- a. Accidents
 - b. Passive smoking
 - c. Alcohol use
 - d. Heroin use

- 46. How many known or suspected cancer-causing substances have been found in tobacco smoke?**
- a. 3
 - b. 15
 - c. 25
 - d. 40
- 47. I believe that second hand smoke is a threat to health.**
- a. Strongly agree
 - b. Agree
 - c. Disagree
 - d. Strongly disagree
- 48. Is stress a natural part of life?**
- a. Yes
 - b. No
- 49. Does drug abuse limit someone's ability to deal with stress?**
- a. Yes
 - b. No
- 50. I believe that it is important to sacrifice immediate pleasures for long term health goals.**
- a. Strongly agree
 - b. Agree
 - c. Disagree
 - d. Strongly disagree
- 51. Which behavior shows the most self-control?**
- a. Passive behavior
 - b. Aggressive behavior
 - c. Assertive behavior
- 52. Laughing at a funeral is an example of...**
- a. Stereotyping
 - b. Being assertive
 - c. Bad timing
 - d. Dealing with stress

- 53. I believe that having self control is important even with people I do not like.**
- a. Strongly agree
 - b. Agree
 - c. Disagree
 - d. Strongly disagree
- 54. What is real toughness?**
- a. Not letting others press your buttons
 - b. Winning in a fight
 - c. Being extremely muscular
- 55. What are the consequences of having negative thoughts?**
- a. We make bad choices
 - b. We have negative experiences
 - c. There are no consequences
 - d. Both a and b
- 56. I believe that my thoughts and feelings shape and color my experiences.**
- a. Strongly agree
 - b. Agree
 - c. Disagree
 - d. Strongly disagree
- 57. What does it mean to have a radical view?**
- a. Maintaining the status quo
 - b. Challenging the status quo
 - c. A combination of both (A and B)
- 58. A traditional view on gun control would be...**
- a. Everyone should have the right to carry any type of gun anytime they want
 - b. Only police officers should be allowed to carry guns
 - c. Guns should be outlawed
- 59. I believe that maintaining a balance by being moderate is important.**
- a. Strongly agree
 - b. Agree
 - c. Disagree
 - d. Strongly disagree

60. What is the definition of brainstorming?

- a. Making lists of ideas without judging them
- b. Comparing the pros and cons of a decision
- c. When your head is full of ideas and you cannot make a decision

61. What does weighing the pros and cons mean?

- a. To consider the positive and negative consequences of an action
- b. To determine what is the single best and worst result of an action
- c. To accept that there are positive and negative consequences of an action

62. I believe that making a commitment now to avoid drug abuse takes conscious planning.

- a. Strongly agree
- b. Agree
- c. Disagree
- d. Strongly disagree

(THIS IS THE END OF THE SURVEY.
THANK YOU VERY MUCH FOR PARTICIPATING. (